



CRICH • FRITCHLEY • WHATSTANDWELL

# CRICH Standard

Issue 94 • Summer 2020

[crichstandard.org](http://crichstandard.org)

The Brief Edition

## Life after lockdown

Pride in our  
communities

Our local businesses

# CRICH Standard

CRICH • FRITCHLEY • WHATSTANDWELL

Crich Standard is a community magazine, run by volunteers and covering stories that matter to everyone in the Parish. It therefore isn't a surprise that those involved in running the magazine and providing content have all been very busy volunteering in all sorts of ways to support neighbours, friends and other residents or working as key workers at this difficult time. So we took the decision to cut this edition down to a briefer format and to move away from our planned theme commemorating 75 years since the end of World War 2.

We have also excluded the full advertising section whilst the businesses that support us are not able to operate normally, but we have listed them in full on the back page. We thank them for their continuing support of the magazine and for many of their efforts to support the community creatively during the lockdown.

We have tried to have a more hopeful look at how the Covid 19 pandemic has stimulated some change within our community and we hope you enjoy it. Many of the stories are online in fuller versions so please take a look at [crichstandard.org](http://crichstandard.org).

The theme for the Autumn edition is 'Just beyond our doorstep'. As many of us won't be travelling very far from the parish bounds, let's make it a celebration of the wonders that are within easy reach to enjoy!  
Email me: [editor@crichstandard.org](mailto:editor@crichstandard.org).

**Andrew Auld**

## More stained-glass panels for Crich telephone kiosk

The Crich 'phone kiosk defibrillator was achieved through the vision, fund-raising and determination of Alan and Kate Richmond, who took the project a stage further by creating and installing stained-glass panels representing different village organisations and businesses.

In April and May panels were commissioned and installed in recognition and appreciation of all NHS workers and also the local home care business, Supporting Solutions.

This initiative has been widely appreciated by many people in the village and brings a splash of colour to the village centre.

## News in Brief

The following are based on items reported on the Crich Standard website or Facebook page during the COVID-19 'lock-down'.

## Easter and VE Day Art Trails

Recently you might have noticed rainbow pictures in windows, a symbol of hope in these difficult times. There have also been quite a few teddy-bears peeping out at us as we go about our daily business.

Building on this theme, our community was encouraged to create an Easter window display to brighten the day of those passing by. Residents did us proud with a whole range of displays from the very simple to some quite ambitious projects.

And then along came VE day, celebrated on 8 May. As we were still not able to come together to celebrate this historic day, villagers were once again encouraged to show their support by creating window art displays, and they rose to the challenge well!

## Crich Open Gardens

Such was the success of sharing the Sunday and map as a joint event with Crich Well Dressing in 2018, Crich Open Gardens hoped to participate on both days of the 2020 (now cancelled) weekend.

While the number of open gardens grows, working with Crich Area Dementia Friends we were also maintaining a shorter, wheelchair friendly route. Our own Facebook page and regular updates in the Crich Standard helps promote our activity and Open Days. We've also been included in the Village Kiosk stained glass project with a beautifully representative 'Open Garden' - thank you Alan & Kate.

Crich Open Gardens' aims are to support existing gardeners and encourage new ones, through promoting possibilities, large or small, within our parish. Getting to know our neighbours better has been a much-valued aspect of our group activities and also our garden visitors. Monty Don has expressed an interest in our unique approach, so perhaps our next Open Day will be extra special!



## Crich couple in marathon lock-down 'adventure'

Roger and Pauline Cowen, both long retired and enjoying life, have lived in Crich for about six years. Being of independent spirit, they love to escape for regular breaks in their motorhome and in recent years have taken off to Portugal to spend the winter months.

This year was no exception, with the return trip planned for early April. But lockdown added a new dimension to their trip. The ferries from Santander in Spain stopped running and the campsites closed!

Forced to stay in the yard of a friendly local garage, everyday living became a challenge. With the first possible sailing deferred until mid-May, they decided to 'cut and run' and set off on the long and arduous journey of nearly 2000 miles to reach Calais. There they managed to catch a ferry and finally arrived back in Crich on 21 April after a five-day marathon journey.

On arrival, friends and neighbours had maintained the garden, done the shopping and stocked the fridge with pre-prepared meals. It was great to be back in the hugely supportive Crich community!

## Crich Village Fête

Crich Village Fête (or Carnival as was) goes back to at least 1934. No doubt there will be people in the parish who know its history in detail and we would welcome historical information from anybody who would like to get in touch – perhaps for a future article.

As with most community events, the fortunes of the carnival/fête have waxed and waned over the years, but rarely will there have been a year like this one. Plans were well in hand for the fête this year, until the committee had no option but to cancel it.

However, it is recognised that the community is now longing for something good to happen, as we celebrate the end of WWII with VE Day, VJ Day and lock-down restrictions. SO – we are instead planning a PARTY IN THE PARK, to be held on Crich Rec on Saturday 5 September.

An afternoon when the community can at last come together (whilst still distancing if necessary), listen to music, socialise and have fun. Details are yet to be finalised, but we will be looking to book a great band and provide a licensed bar, possibly a BBQ and games and rides for the children. Feel free to bring your own food and enjoy the street party atmosphere.



### Click and collect - toys!

While Stay & Play sessions have been on hold, Derbyshire Toy Libraries have still found a way to support families through their click and collectless hires. This service started organically when founder and manager Ann-Marie was contacted by some Toy Library regulars to see if there was a way to hire to help entertain the children while at home. As chair of Belper Community Hall, Ann-Marie realised that she could safely deliver the service from the hall. Families can combine contactless collection with essential shopping trips or as part of commutes for key workers and they hope to extend the service with collections available from Crich and Kilburn too. Derbyshire Toy Libraries celebrated their 20th birthday on 22 May and have launched a campaign to raise £2020 by the end of the year. [Check their Facebook page for details of fundraising activities: search for Derbyshire Toy Libraries or visit: \[derbyshiretoylibraries.org\]\(http://derbyshiretoylibraries.org\)](#)



## It's full ZOOM ahead

*By Rachel Jennings, Osteopath*

**Just before all 'this' happened, I'd met with a friend for business advice. She'd suggested Zoom for the meeting and that online would be a way forward. Terrifying, awkward, you could have heard my toes curling at the thought.**

Fast forward a few weeks and suddenly I can't see or touch patients, and gathering for yoga classes is now banned. Others are now on Facebook and Instagram live and taking their Pilates and dance classes onto Zoom. It's obviously the only way to go...I need to get over myself.

Friends and neighbours rally round with equipment and advice and before long my lounge is cleared to become the film set. Finally, I find a camera position where I can be seen both upright and horizontally and I'm ready to reconnect with everybody.

After a lot of time teaching people how to use Zoom, most people get it, stay on and the lounge becomes an extension of the class. We used to go on somewhere for a drink after class, we now stay and chat. For me living on my own, it's a sanity-saver.

When I hear how some people in the village are struggling emotionally, a friend asks if there's something I could do. So after a lot of deliberation, I came up with the idea of three mindfulness sessions each week where people also could reconnect socially on Zoom afterwards. 'Calm Together' is born, the camera swivels the other way and me and the dog sit on the sofa and try to emit calm.

Telehealth or online consultations are my next mental block. Now the challenge is to get the right camera views to be able to diagnose someone from their living room and persuade them this is worth paying for and without hands-on treatment, could still be effective. I try it and feel very gawky and immature, completely out of my 20-year flow of questioning, examining and treating someone. Trying to film my foot and demonstrate rehabilitation needs a third hand or cameraperson. People tell me they'll wait to see me in the clinic.

But then a GP friend expresses how long it could be 'til she'll be seeing patients again and I start to rethink it. People who were in pain may still be, and new people with new injuries, aches, pains and arthritis will be building up. Getting them diagnosed, reassured or referred for tests/scans and started with some good advice, explanation and key exercises/selfcare/ways to relieve pain is totally doable. And not providing that service, a criminal waste of my professional expertise. So online I go.

It's very quiet out there so far, but I'm sure there will be that tipping point when people embrace it as a great use of new technology and simply the way we do things now.

And in an ideal world, there will be a move to taking more responsibility for our health, the importance of self care and understanding that the body does the healing, not someone else's hands.

# Crich Communication Project

*Photo by Geoff Brown*



*By Phil Dolby*

The COVID-19 Helpline has proved to be a great success during this difficult period. It has highlighted how useful modern technology is and the importance of maintaining communication between people. All sorts of WhatsApp groups have sprung up, together with Zoom and Skype, emails and texting. If you have no idea what the last sentence is talking about you are not alone.

A splinter group to the COVID Helpline is being set up to help local people use the internet to communicate. It will concentrate initially on helping people with a smart phone, tablet or computer, to use very simple apps to communicate with friends and family.

I don't twitter, tweet or blog and I don't want to, but to be able to see and talk to our grandson while he's running round excitedly showing me his toys, even though he is a thousand miles away, makes the internet worthwhile. We used to talk about videophones, well now they exist and are free and as easy to use as a telephone.

In the future the group hopes to be able to give advice on equipment and costs, be able to lend equipment to people to try and to help people master very simple communication apps. It is all at a very early stage but there is lots of interest already.

As a first step we are looking for people with some online capabilities, who would benefit with help to stay in touch with friends, or make new friends during this difficult time.

**To register your interest in getting help call the Crich COVID Helpline on 01773 447533**

**We are also appealing for anybody with an old smartphone or tablet lurking in a bottom drawer, to donate them to this project. We will ensure the memories have been wiped clean and refurbish them so they can be used for instructional purposes or lent to people as a trial. Crich Post Office is the collection point.**

*Photo by Dom Andrews*



# Fritchley Village is free to look to the future

Although the hall remains closed for public use, we have positive things to report:

Claire Teeling tracked down a nearly new fridge that was surplus to requirements in an office and was installed in the Village Hall kitchen. The Fritchley Community Association (FCA) has also purchased a tea urn, kettle and a microwave for the hall from funds raised, so the hall kitchen will be well equipped for small scale catering at future events. Not long after it was installed, the fridge was loaned on to Dawn Harper who is cooking meals for self-isolating folk in the area.

We have been looking for safe ways to use the space for community benefit while it's closed for public use. Sandra Maycock's Scrubs project (sewing scrubs for NHS staff) is currently using the hall to sort sets of cut cloth for sewing by their volunteers.

We have also offered it to the NHS for use as a rest space for Community Nurses on their rounds. Also being launched through the Mutual Aid group is a village food hub for collecting surplus food and re-distribution to local families in need. Hopefully this and the increased sharing and kindness happening everywhere will endure past the end of

Coronavirus and become part of normal community life.

...saving the best for last:

We were very pleased to hear via Ian Chinn, that the Congregational Federation has agreed to hand control of the church, and hence also the village hall, to the local congregation. This is great news and we look forward to an ongoing and mutually beneficial partnership between the church and the FCA whose volunteers help run the hall for community use. The FCA also recently received a generous donation from the former members of Crich Area Community News committee from surplus funds left over from CACN and their fundraising events and we would like to thank them very much for that.

We are looking at various ways to use FCA funds for the benefit of the local community and to help fund the planned improvements to the village hall. Looking past the present challenging times, we have plenty of ideas and exciting events, but always welcome more. So meanwhile, enjoy watching the wonders of nature spring into life around us, and do get in touch with your comments on the future use of the hall!

**Steve Wood** [fritchleyvillagehall@gmail.com](mailto:fritchleyvillagehall@gmail.com)



*Photo by Paul Yorke*

# Pride in our small community

*Whatstandwell Social Club - Kennedy Hunns (WSC Covid 19 Response coordinator)*

Way back on the 15 March, I put out a suggestion to Whatstandwell Social Club (WSC) that maybe we could respond to various news articles about Coronavirus. I wasn't sure if anyone would reply, after all the Social Club has a bit of a reputation for being about beer, live music and more beer! The response was immediate and unanimous. And so the WSC Covid Response happened... we didn't know what we were going to do, but getting a flyer out quickly was our first intention. People needed to know that they were not alone and we would help if we could. I drafted a quick flyer.

Three days later we had our first response. I am so proud of Whatstandwell, we had plenty of volunteers from the community as well as WSC committee members, and for a small settlement with quite a large proportion of older people the response has been amazing. Links to the larger group in Crich ensured that processes are correct.

We have not been overloaded by need, we paired up a volunteer with each person requesting help, and I know that some residents are also supporting the various groups in the rest of the parish. I think that most residents are watching out for vulnerable neighbours without the WSC involvement.

I've certainly noticed more waves and friendly nods from dog walkers and passers-by. Everyone is aware of each other more. There is a wonderful feeling of neighbourliness. I have spoken to so many more people around the village on my daily walks.

The introduction of a small shop at the Family Tree has been a godsend for locals. When the restaurant area closed, Mick, Christine and the family ventured into selling a small range of essentials which has widened over time. Residents can get fresh food, delicious pre-prepared meals and coffee to go. They were able to source flour and eggs when the supermarkets couldn't keep the shelves stocked. My special birthday at the beginning of lockdown was catered with a lovely meal for two, delivered, with wine!

*"Everyone is aware of each other more. There is a wonderful feeling of neighbourliness"*

Looking forward what can we expect?

My first expectation was that once it's all over we'd have a big party. I think that was a little naive, there won't be a VE Day moment, there won't be a definitive end. People will adjust to new ways of living as circumstances change. However, some things will return to 'normal' whatever that is going to be.

- We have cancelled this year's beer and music festival in June, but rest assured, the planning for 2021 has already begun!
- Whatstandwell Open Gardens is possibly going to be cancelled in July, but if your garden is looking amazing or you've recently taken up art in your free time we would love to hear from you for next year.
- The annual 'Hindersitched Up', a run from The Family Tree at the bottom of the valley, to The Cliff at the top is still hoping to take place at the beginning of September - if you've taken up running during the lockdown why not enter this year? Some of our faster runners achieve amazing times considering the gradient, but there are plenty of folk who huff and puff their way up.

The shop at the Family Tree demonstrates a need for a local shop in walking distance, it would be nice to think that the desire for good food from local suppliers would enable someone to keep this service going, although we don't have a community building to provide a hub once the Family Tree goes back to its original customer base.

I hope the volunteers and neighbours who have helped us during the current crisis will feel able to be part of WSC once things return to normal. New faces on the committee are always welcomed, but you don't have to attend committee meetings to join the group. We are always on the lookout for people to help with whatever they feel they can. Get in contact if you'd like to find out more.

# Community Pantry opens its shelves

Given the current situation, people's lives have been turned upside down in many ways, socially, psychologically and financially. The longer this goes on, the bigger the social and economic impact and the more people who could be struggling to get or afford enough food.

Local schools, together with the churches and volunteers, are trying their best to distribute essentials to families to bolster the voucher scheme. However, other people, the elderly, shielding or isolated may be reluctant to ask for help or not know what to do.

In an effort to remedy this, several 'community pantries' have been set up. These have sprung up in Australia and New Zealand in rural areas as local food schemes. The ethos is 'Give what you can, take what you need'.

The Crich pantry is at the vicarage by the turning for the Glebe and we're particularly interested in cans, bottles, boxes and packets of food that keep their contents dry, as well as fresh fruit and veg you might want to swap or share.

Fritchley has its own outside the Church entrance, South Wingfield's is by the Parish Rooms, there's one outside the Canal Inn at Bullbridge and we are working on ways to raise awareness and let people know so they can get what they need.

## The future Glebe

By Andrea Kemp

Birthday parties, professional music, theatre and dance performances, care, connection, lunches, talks, clubs and learning - it all happens at the Glebe. At its best a modern, social space where people share and enjoy community.

How much we have missed these everyday experiences and how much we look forward to planning a refreshed and renewed approach to this cherished public space.

Having closed the Glebe throughout the pandemic, it has given time and opportunity to reflect on its purpose - looking back and going forward. The decline in public funding for services such as Day Care and the difficulty in recruiting volunteers to support community endeavour has led to challenges - both practical and financial for the centre. This year alone has seen the closure of Pre-School, decline in Day Care and several groups who use the centre have folded.

Yet, the recent call for volunteers to support the Mutual Aid effort locally saw people register in the hundreds and the energy and enthusiasm to care for each other during this unprecedented time has been overwhelming. So, we must build on this, come together with creative minds and

*"We look forward to planning a refreshed and renewed approach to this cherished public space"*

invigorated hearts to reimagine the role of the Glebe in our community.

How it could look, feel, operate, and for whom?

We need also to build a robust business plan to ensure its long-term viability so that we can continue to refurbish and look after this precious resource. Securing regular income and meaningful investment means working together across public, private and voluntary sectors and collaborating for the good of those we serve.

In the coming months we will be inviting people from every corner of Crich Parish to join with us in planning and recreating the 'Future Glebe' - via doodle drawings, creative conversations, feedback forums, gourmet gatherings and good old fashioned questionnaires!

Health and care have never been so important. Together, let's breathe new life into this fantastic building and fill it with our dreams for a bright and healthy future.



# The importance of togetherness

*By Tom Baptist*

We are in a very uncertain time. It could be many more months before we're able to have visitors again at The Briars so we've been working hard to make sure we can still reach the young people we serve. I know that one fruit of this difficult time will be a greater appreciation and understanding of the role of technology in supporting our aim to reach, help and serve the young people we are here for. We've had a big upsurge in our subscribers to [YouTube.com/NDCYSlive](https://www.youtube.com/channel/UCNDCYSlive) and we've had over 17 days' worth of videos consumed (426 hours) during the lock down - especially on our live streams and I know that we'll continue to reach out to young people online going forward.

I think the other big change will be how much we value being together. We have found that schools had become more reluctant to send students out of school for fear of affecting exam results and I sincerely hope that the value of being, living, eating, praying and just spending time with your peers and your community is put back at the heart of the school experience. I hope that we'll see schools coming back to enjoy, once again the opportunity to live and be together, after all you don't know what you've got 'til it's gone.

Finally I hope that we can continue to be there for our local community and that we can be a place those in the local area can come to and spend time in - especially if social distancing means a large site is what people need. I hope we can facilitate those in Crich and beyond being able to come back together as a community, as fundamentally that is what we are about.

*Photo by Paul Yorke*



Just a thought *By Ian Whitehead*

## 'Going' to Church – finding new ways

Many people are asking what will our 'new' church normality be like? Obviously depending on our setting, that question of 'what will it look like?' will be true for a lot of different organisations, but for the church it depends immensely upon what the true church, the people have gone through during the C-Virus crisis.

Obviously, there will be the need to celebrate when we return but there will also be the need to mourn. To mourn not just the tens of thousands who have died, but to mourn the lost opportunities during this time too; the birthdays that weren't fully celebrated, the anniversaries that were missed, the loss of a job or role and to mourn that things will have changed.

I am thinking that now is the time to actively look at some of the good things that have come from this time of lockdown that we need to not slip back into; including the levels of collaboration between organisations across our community, digital access to church worship and services, the speed with which big change can take place, and what bureaucracy and meetings we're actually, in reality, not missing at all.

There will be the temptation to go back to what we did and how we did it before, but I think that would be a mistake, tempting as it might be. Not reverting to the old normal will come as a disappointment to some, since it might no longer be 'church' as we knew it. Change though will be inevitable, the change of pace of life and work within the church will have to be different. Less of 'how we do church' and more of 'how we be church'. Services will need to be trimmed and meetings assessed as whether we really need so many!

Making sure we know about and understand what that new way of being church might be and helping us all not go back to old ways, that are less effective, will be important. Thinking should be ongoing and not static. The challenge will be in how it is done and how we share that with our community; change is now here to stay and you all are invited to be part of that with us.

## Quiet at school

*By Julie Kirk*

Life at Crich CofE Infant School has been very different, as staff and children get used to a 'new normal'. Although Key Worker children have been accessing the provision, school seems too quiet and we are all missing the normal hustle and bustle.

We keep in contact with parents and carers, via the SeeSaw app or email and lesson plans have been replaced with uploaded grids of activities children can complete. Governors meetings have taken place virtually rather than in person.

Sometimes it is difficult to remember where we are in the school year. Things I would normally be concerned about like data, phonics screening and moderation have been replaced by worries over contact with my children and parents who are not accessing the provision, filling in online DFE attendance registers rather than our daily registers and the distribution of vouchers.

I think the lockdown has made us all appreciate how much we enjoy teaching, how lucky we are to teach in such a caring, loving school and how lively and vibrant it is in normal times.

We miss that daily contact with our children and their families very much. This said, staff have used their time well. A new bicycle store has been made out of old pallets and a new small world mushroom has been made from an old industrial metal reel. We are looking forward to the time when all our children are back with us and we can share these things, and everything else, with them.

## Crich Area Dementia Friends

*By Frances James*

**As our underlying philosophy is promoting inclusion, there is no way to disguise the fact that conforming to the restrictions associated with social distancing has been tough.**

The detrimental impact of social isolation has meant we have started looking at different ways of keeping in contact with everyone, ensuring people feel part of the community even when not able to get together. We are looking at ways activities can be delivered at arms' length and also how people can maintain social contacts. We feel that this is important, not just at the moment, but in the future too.

When it is deemed to be safe, we will reinstate the popular activities on a phased basis. We will, of course, be taking great care to ensure that people are able to maintain an appropriate distance from others and that other key protective factors are in place.

As having fun is another of our guiding principles, who knows we might even have a party to celebrate being able to get together... at an appropriate social distance, of course!

## Building friendships with Crich Careline

*by Andy Harding*

Crich Careline helps people stay connected with regular phone calls; traditionally we've called elderly residents, for a friendly chat and to reminisce over fond memories.

Recently, it's not just the elderly who have been isolated. We've had referrals from younger people who'd like support through lockdown, and it's made for some interesting diversity in our calls. In truth, a lot of our 'volunteers' are isolated too, so they're getting as much from the service as anyone - I've personally found it a grounding and calming experience to hear from other people in the community and their perspective on life.

There have also been positive changes to Careline which I hope will persist. Firstly, the surge of volunteer support - before 23 March we had 12 volunteers; now we have over 20 regular callers with more on standby. Secondly, the community coming together to help those in need has forged lasting links with other local groups. Finally, the need to stay at home has forced us to use technology better - we have an improved online filing system and group video meetings between volunteers, and we're exploring ways to help our service users get more connected too.

**If you would like a regular chat from Careline, or know of someone who would, please get in touch with us on 01773 853754 (Vanessa) or 01773 856228 (Peter), or email [crichcareline@gmail.com](mailto:crichcareline@gmail.com). With repeat calls each week, it's a wonderful way of building friendships, taking time out of the daily hustle and bustle to connect on a personal level.**



## Staying in touch when we're apart

*By Cathy Bowness*

**We've always considered ourselves as being a 'close knit' group of members and volunteers, but in the last few weeks we have found ourselves referring to our club as one big family unit.**

Crich Luncheon Club normally meets every Wednesday in the Glebe where members enjoy socialising, being entertained and a tasty meal. All organised by our team of volunteers!

Now this has changed and unfortunately all of our members and many of our volunteers are unable to enjoy any socialisation. It's a sad fact that many of them are at home and alone.

We continue to keep in touch and each volunteer has been allocated two or three of our members to contact - a friendly voice at the end of a phone, even singing Happy Birthday! Many love to chat and reminisce. Others have shared telephone numbers with each other. We can also find out in these conversations if they are coping with the isolation and if they need any other help.

Many of our members have benefitted from the meal provision, organised through the Support Network. Toni and Tim Shepherd have provided delivered ready meals. Dawn and Tony Harper have also catered from home, cooking hot plated meals. Luncheon Club and other volunteers deliver these and it's become the highlight of many people's day. It's been such a positive way of keeping in touch.

There are some good things that have evolved from this crisis: working as teams to support the most vulnerable, meeting new friends with a common aim and learning how to be more efficient with technology - a challenge for some!

We miss seeing all of our members together on Wednesday mornings but to quote a recent comment: 'We won't half have a good party when we all finally do get together!' People are already discussing how we can continue some of the good things which have happened, for instance, utilising the new army of volunteer helpers, possibly continuing with a meals service and how using technology can help to keep us more in touch with each other.

## The last word

### Becoming 'hyperlocal'?

*Tony Mills with the Crich Environment Group*

**The skies are bluer and the views are clearer. At the end of April the Centre for Research on Energy and Clean Air (CERA) told us that in the preceding 30 days 1,752 lives had been saved in the UK as a result of the reduction in air pollution attributed to Covid-19. Silver linings perhaps from the temporary end (and long term reduction) of air travel, together with much less road use and consumer activity.**

Here in Crich we have been blessed. Our community, always strong, has come even closer together as we have stayed at home and become a hyperlocal Parish. While we do have a part to play globally in retaining the benefits of reduced pollution, here we can literally choose to create our new normal.

A normal where we look out for and look after the vulnerable. Many who have been forced into isolation now understand better how those feel who live like that all the time. And in our increased kindness and courtesy to each other we have found the joy in being good neighbours and friends, making many new connections in the process. New relationships that will endure.

Crich has been a model of conformity to social distancing and as restrictions ease, remember that we can all take exercise, be friendly and not get in each other's way. At the same time enjoy the birds singing and nature making a comeback. Some can work from home and all can avoid unnecessary journeys by shopping and eating locally. Our shops, pubs, restaurants and businesses have been magnificent, thank you.

We can maintain a focused level of local support, maybe growing some of our own food, working and walking from home and sharing our lives with each other so that the new normal in Crich really can be better and be truly hyperlocal.

**For more thoughts from members of the Crich Environment Group please see the [webpage on crichstandard.org](http://webpage.oncrichstandard.org)**

# Local Advertisers

Thank you for your continued support. We look forward to seeing them all back in the next edition.

## A1 Taxis

T: 075 9691 7373

## Citizens Advice

T: 01773 852966

## Dolly's Fabrics

T: 07807 019839

## Colledge Aerials

T: 01773 742387 / 07973 676799

## Lime Tree Music Services

T: 07577 754698  
music@limetreemusiccentre.co.uk

## Steve Fixes Computers

T: 07947 868605  
steve\_little@hotmail.com

## Cliffside House

T: 01773 856338  
info@cliffsidehouse.com

## Royal British Legion

T: 01773 520157 / 07984 203138

## Petcare at Home

T: 01773 857226 / 07791 235220

## QI to Health

T: 07877 320723

## Dawn Harper Catering

T: 07791 559394  
dawnmharper@hotmail.com

## Crich Tramway Village

T: 01773 854321  
enquiry@tramway.co.uk

## Toni Mortimer Hypnotherapist

T: 07980 572963  
pastliferegession@hotmail.com

## Halcyon Cottage

T: 07966 386157  
info@halcyoncottage.com

## Earth Care Grass Cutting

T: 01773 404040  
mark@earthcarederbyshire.co.uk

## Neil Thompson Garden Services

T: 07885 637504

## Osteopathy For Life

T: 01773 843033

## Portland Square Financial Advice

T: 01623 700375 / 07908 006633  
mark@portlandsquareifa.co.uk

## DM Auto Repairs

T: 01773 857159

## Crich Careline

T: 01773 853754 / 01773 856228

## Frank Daniels NLP

**Hypnotherapy**  
T: 01773 857678  
frank@frankdanielsassociates.co.uk

## Crich Comrades Club

T: 01773 852936

## Crich Glebe Field Centre

T: 01773 857894

## Shuttercraft

T: 01332 561620

## Tommy James Tiling

T: 07712 602447

## P.A. Simms Electrical Services

T: 01773 853275 / 07814 04879  
simmselectrical63@gmail.com

## Noble Kitchen, Bathrooms & Bedrooms

T: 01773 852554 / 07980 096146  
noble.kbb@gmail.com

## Gallerytop Art Studio

T: 01629 735580  
info@gallerytop.co.uk

## Bethell's Joinery

T: 01773 540883 / 07816 197720

## Hub3 Ltd

T: 01773 856041  
info@hub3.co.uk

## Kings Arms

T: 01773 853544

## Crich Butchers

T: 01773 852623

## Archway Funeral Service

T: 01773 749028

## Black Swan

T: 01773 856406  
info@blackswancrich.co.uk

## Lloyds Pharmacy

T: 01773 852351

## S P Pest Control

T: 07907 954142 / 01629 826951

## Martyn Newman Optician

T: 01773 857894

## D Blackwell Electrical Services

T: 07932 049024 / 01773 748062

## Peat Plumbing

T: 07812 843473 / 01773 830493  
peatplumbing@gmail.com

## Derek Stapleton Joinery / UPVC

T: 01773 836145 / 07800 928564

## Architectural Services

T: 01773 856008

## Mark Clutton Hypnotherapist

T: 01773 650052  
markclutton-hypnotherapy.co.uk

## Peak Oil

T: 01246 450242 / 01773 550400  
sales@peakoil.co.uk

## Crich Village Childcare

T: 01773 852384

## Clearview Glass

T: 07837 476873  
tomspencercvg@outlook.com

## Footcare Services

T: 0776 9030000

## HKF School of Motoring

T: 07976 393968

## Kevin White

T: 01629 760686  
kevin.a.white@btinternet.com

## SMW Plastering

T: 07887 804086 / 01773 830244

## The Handyman Lee

T: 07562 648506

## Smiths Caravan Services

T: 07792 490596 / 01773 850206  
ben@smithscaravanservices.co.uk

## S&D Landscape & Property

T: 07790 152264 / 07762 247873

## Redgate Heating Services T:

07484 885580  
brendan.redgate@gmail.com

## The Beauty Lodge

T: 07522 508660  
enquiries@thebeautylodgecrich.co.uk

## Cardale Fish Bar

T: 01773 852352

## Clip 'em And Fell' em

T: 01773 856602 / 07739 834553

## Gascoynes Heating

T: 01332 385511  
gascoynesderby1@btconnect.com

## Paul Marvin Joinery & UPVC

01773 521618 / 07831 484473  
paulmarvinjoineryandupvc.co.uk

## RMB Garage Services

T: 01773 857757  
enquiries@rmbgarage.co.uk

## JMS Heating Gas Engineers

T: 07904 451948  
info@jmsheating.co.uk

## Earth Care Handyman

T: 01773 404040  
mark@earthcarederbyshire.co.uk

## Holtams Kitchen & Bedrooms

T: 01773 852683